

# When Home is Unsafe

During COVID-19, survivors and their families find themselves required to spend a majority of their time at home. Shelter-in-place orders and avoiding public spaces increase the opportunity and occurrence for abuse. Below are resources for support and help to think through ways to stay safe. If you are a survivor and need prayer, contact the Care team for confidential support.

**Call 911 if you are in an emergency situation.**

- [National Domestic Violence Hotline](#)  
1-800-799-7233  
Text LOVEIS to 22522
- [Denton County Friends of the Family](#)  
(940) 382-7273
- [Hope's Door New Beginning Center](#) – Plano, TX  
(972) 276-0057
- [Genesis Women's Shelter & Support](#) – Dallas TX  
(214) 946-4357
- [National Resource Center on Domestic Violence](#)  
1-800-799-SAFE (7233)
- [RAINN](#) (National Sexual Assault Hotline & Chat)  
1-800-656-HOPE (4673)